

WVST Invitational Premier One Day Meet Saturday, February 25, 2012

Carleton Civic Center, 105 Connell Road, Woodstock, NB

No time standard required but,

Swimmers may have up to seven (7) SNB "B" standards and no A Standard

Entry Fee is \$28.00

Entry Deadline is Wednesday February 15

Please have entry fee and permission slip in club mail box by Wednesday February 15th
Cheques made out to SJFSC (Saint John Fundy Swim Club)

Age categories for individual events and Relays: 12 and under, 13-14, 15 & over

Swimmers may swim up to four (4) individual events plus relay

SESSION 1 Timed Finals

Warm-up 9:00 A.M. Start 10:00 AM

200 Free
100 Free - PARA
50 Back
50 Breast
50 Breast PARA
100 IM
100 IM PARA
100 Fly
400 Free
200 Free – PARA
200 IM
200 IM PARA
50 Free
50 Free – PARA
200 Breast
50 Fly
50 Fly PARA
200 Back
100 Back PARA
4 by 50 Medley Relay

**Parents Please note: Due to new Swim NB regulations,
If your child is swimming, please be prepared to volunteer
as an official for this meet.**

**TIDE Timers Clinic Sat Feb 11th
11 AM Quispamsis Town Hall**