



Code of Conduct

TEAM TRAVEL

Swimmers, coaches, chaperons and parents traveling with the Saint John Fundy TIDE swim team, represent themselves, the Team, the sport of swimming and their community when traveling to swim meets and events. TIDE wishes to project an image that will make all of us proud of our sport and our swimmers. Therefore, all individuals representing or traveling on behalf of TIDE must abide by the following Code of Conduct.

This code is in effect throughout the current swim season and includes all events in which the team participates, from the point of departure until returning home. Anyone signing the Code of Conduct agrees that s/he will abide by it while representing TIDE.

Infractions of the Code of Conduct may result in that swimmer's family having to assume the full cost of the trip, plus return fare, if the swimmer is sent home early.

- Swimmers will not be allowed to drink or carry alcoholic beverages or use drugs other than those prescribed by a physician. Please note that in, even in instances of physician prescribed drugs, it is the swimmers responsibility to conform to the Canadian Center for Ethics in Sport (CCES) and World Anti-doping Authorities (WADA) rules in regards to performance enhancing drugs. More information on banned substances can be found at www.ccce.ca. Such drugs must be reported to the coaching and/or managerial staff. However, proper administration or prescribed drugs will be the responsibility of the swimmer.
- No swimmer is permitted to smoke or chew tobacco.
- Appropriate behavior is mandatory on team trips. When the coaches and chaperons or accompanying staff deems behavior unacceptable, the swimmer will be scratched from the competition and sent home at his/her own expense. In extreme cases, outright dismissal from the Team will result. Examples of inappropriate behavior include:
 - Promiscuity
 - Harassment
 - failure to comply with stated rules and/or curfews as set out by the coaches and chaperons
 - any behavior in violation of the criminal code



Responsible, orderly and reasonably quiet behavior is expected of swimmers at all times including:

- while traveling on rented or public transportation
- when on pool deck, in restaurants and all other public areas

Hotel etiquette is of the highest caliber is mandatory. Because hotels are resting places for all guests, the following behavior is not acceptable:

- running up and down hallways
- constant room to room telephoning
- playing loud music or TV
- fist fights and any kind of roughhousing
- crank phone calls to anyone in the hotel
- pranks of any nature which may result in damage to property or injury to fellow teammates
- door banging either by hand, kicking or by allowing the door to slam against deadbolts lock when leaving room

Male and female swimmers must, at no time, be in each other's rooms with the doors closed. Whenever a member of the opposite sex is in your hotel room, the door must be propped open. Athletes from other teams are not allowed in swimmer's hotel rooms, unless explicit approval has been given by the coach or chaperon.

All team members are expected to respect each individual's needs for rest / study times, which vary from trip to trip. Teenaged athletes may be left alone in their hotel room at the discretion of the chaperon and coach or reason of minor illness or disciplinary action. Curfews, as determined by coach and chaperon, are set to insure proper rest for the swimmers. These must be adhered to at all times. Failure to comply may result in that swimmer being scratched from the competition or, in more severe cases, sent home at his/her expense. These curfews include in room times, lights out times and when the swimmer must be quiet.

All the above conditions also apply to the last night of any trip. There may be occasions when the entire team will enjoy an outing, a movie or dinner on the last night. Return to the hotel must be orderly and quiet. All rules/curfews set out by coaches and chaperones will be followed.

For swimmers of legal drinking age, the Club recognizes that the conditions described above may infringe on some of your legal rights and may limit the freedom you usually enjoy. However, for the sake of unity within the team, your cooperation is required and expected.



Any swimmer, who does not agree with all the conditions listed above, may elect to not participate in the trip. A simple refusal to turn in signed agreement will be sufficient to indicate the swimmer's desire to be excluded.

Infractions will be dealt with on an individual basis and action may be taken immediately or after return to Saint John. The penalties may include immediate return home at the swimmer's expense or, for Team-supported travel, a re-imbursement to the Team by the swimmer.

DISCIPLINE, POLICIES AND PROCEDURES

All swimmers will be subject to the same rules.

It is the responsibility of each coach to set out specific rules pertaining to his/her pool, teaching methods and attendance policy. Conduct and discipline during workout are primarily matters between the coach and the swimmer. All the rules and regulations must be mutually understood and it is the swimmer's responsibility to act accordingly.

Parents will be informed of their child's continued misconduct during workouts. They shall be informed promptly if their child has been asked to leave a workout, the reason for this action and the conditions which must be met before his/her return.

No swimmer will be suspended from workouts for more than one week without the consent of the Board of Directors.

The use of drugs/alcohol by TIDE swimmer is prohibited during Team activities.

Chaperones will be appointed by the Team Manager(s), in consultation with the head coach, to attend away meets and Team functions when necessary. During away meets, swimmers must be responsible and accountable for their behavior to coaches and chaperons from departure from and return to Saint John. Coaches and chaperons will ensure that swimmers conform to all the rules at the pool and elsewhere. All participants agree to these rules by agreeing to the TIDE Code of Conduct before departing from Saint John.

At away meets, chaperons will have full authority off deck for swimmers, including the authority to send a swimmer home during a meet at the swimmer's expense. Such action



will only be taken in consultation with the coach and other chaperons and after the parents of the offending swimmer has been notified.

TIDE will reimburse chaperones who assume on-the-spot payment for damage caused by a swimmer. The cost will be recovered from the swimmer and his/her family.

In the event of property damage or gross misconduct reflecting adversely on TIDE's public image, the parents of the offending swimmer will be called before a standing committee to account for their child's behavior. The swimmer may also attend the meeting. This committee will appointed by the board the Board of Directors and will make disciplinary recommendation to the Board. It is at the discretion of the Board of Directors as to what further disciplinary action will follow this meeting.

All unresolved grievances and complaints are to be submitted in writing to the Board of Directors who will have the responsibility to arrange meetings with those involved, to hear all sides and to make a decision about how to resolve the difference.

I have read and agree with the TIDE Code of Conduct and Discipline Policy.

Parent/Guardian's Signature: _____

Swimmer's Signature: _____

Head Coach's Signature: _____

Date: _____
(day-month-year)